



Sexuality and Fertility after Spinal Cord Injury

- Course:** Sexuality and Fertility after Spinal Cord Injury
The unspoken truths about intimacy after SCI
- Dates:** Monday 6th June – Tuesday 7th June 2016
- Cost:** £180.00
- Venue:** National Spinal Injuries Centre, Stoke Mandeville Hospital, Aylesbury, Buckinghamshire HP21 8AL. Seminar Room 2.

Registration: 8.30 a.m.

Close: 4.30 p.m.

[See attached program](#)

For any information please contact Emil Moga, Spinal Outpatients Nurse on 01296 315829
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Title: “The Unspoken Truths About Intimacy After SCI”

Monday, 6 June 2016		Tuesday, 7 June 2016	
08.45	Registration and coffee	09.00	Management of female sexual dysfunction
08.55	Welcome Who are you? – Ice breaker	09.30	Contraceptive options and menstruation after SCI and managing the practicalities
09.15	Pathophysiology – what changes after SCI	10.45	<i>Coffee break</i>
10.00	What is sexuality? Thinking about your own values and the impact on your work.	11.00	PLISSIT – A working model for staff, MDTs & pathways case examples, scenarios and discussions
10.30	<i>Coffee break</i>	12.00	The SCI woman and pregnancy – a therapy perspective
10.45	Management of male sexual dysfunction	12.15	Question and answer session
11.15	What inhibits us from asking/talking about sex? Working with a difference.	12.30	<i>Lunch</i>
12.00	Male fertility	13.30	Body image and self esteem
12.30	<i>Lunch</i>	14.00	Parenting and practical support
13.15	Thinking about different abilities and positioning	15.00	Parents in chairs – users stories
13.45	What about the Partner?	16.15	Questions & feedback forms
14.30	Knowing your boundaries	16.30	<i>CLOSE</i>
15.00	Fertility and the SCI woman and pregnancy		
16.15	Questions & feedback forms		
16.30	<i>CLOSE</i>		

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