



Silver Rehabilitation

Impact of Ageing on Rehabilitation

Welcome to our conference on the Impact of Ageing on Rehabilitation. The multidisciplinary conference will be exploring an overview of medical, psychological and practical implications of rehabilitation, and the multifactorial challenges in an older person's rehabilitation following injury.

The seminar will feature a range of relevant topics, covered by a range of experienced speakers in their respective fields. There is a full itinerary for the day on **Thursday 21 September** on the back of this page, for a break down of topics that will be covered.

We look forward to welcoming you to the conference.

Kind Regards,



Claire Howard
Irwin Mitchell



Helen Hobbs
Hobbs Rehabilitation

Speakers

- **Dr. Andy Eynon**
Wessex Neurological Centre
- **Dr Harnish Patel**
University Hospital Southampton
- **Helen Lindfield**
Clinical Director, Heads Up & Bobath Tutor
- **Dr Mark Baxter**
University Hospital Southampton
- **Niarara Demnitz**
PhD Student, University of Oxford
- **Daniel Thomas**
Chroma
- **Dr Allison Graham**
Consultant Physician in Spinal Cord Injury
- **Zoe Chevalier**
Buckingham Healthcare NHS Trust
- **Dr Victoria Osman-Hicks**
Consultant in Older Person's Mental Health and Honorary Senior Lecturer

Cost of attendance is £40 per person which will be donated to Age UK Southampton. Please RSVP directly to amy.randall@irwinmitchell.com or call **0114 274 4613** by **Friday 15 September 2017**

Programme: Thursday 21 September 2017
 Novotel Southampton, 1 West Quay Road, SO15 1RA

8.30am	Registration
9.05am	Welcome and housekeeping
9.10am	Why Silver Rehab? Setting the scene <i>Dr. Andy Eynon</i> Consultant in Neurosciences Intensive Care, Wessex Neurological Centre Honorary Senior Clinical Lecturer, University of Southampton Trustee, Hampshire and Isle of Wight Air Ambulance
9.30am	Sarcopenia & Frailty <i>Dr Harnish Patel</i> Consultant in Medicine for Older People, University Hospital Southampton
10.00am	The Importance of Nutrition in older persons Speaker tbc
10.30am	Neuroplasticity in older people <i>Helen Lindfield</i> Clinical Director, Heads Up & Bobath Tutor
11.00am	Coffee Break
11.30am	Frailty, older people and trauma <i>Dr Mark Baxter</i> Consultant Physician & Orthogeriatrician, Trauma & Orthopaedic Medicine, Director of Major Trauma, University Hospital Southampton
12.15pm	Associations between mobility, cognition & brain structure in healthy older adults <i>Niarara Demnitz</i> PhD Student, University of Oxford
12.45pm	Lunch & Networking
2.00pm	Realising Rehab Potential Through Creativity - how the arts therapies optimise outcomes <i>Daniel Thomas</i> Music Therapist and Joint Managing Director, Chroma
2.30pm	Patient Story
3.00pm	Spinal cord injury and the older adult <i>Dr Allison Graham</i> Consultant Physician in Spinal Cord Injury
3.30pm	Older adults and ageing with SCI: Psychosocial issues in rehabilitation <i>Zoe Chevalier</i> Buckingham Healthcare NHS Trust
4.00pm	Polytrauma and head injury in the elderly: Important considerations in assessment, care and management <i>Dr Victoria Osman-Hicks</i> Consultant in Older Person's Mental Health and Honorary Senior Lecturer
4.30pm	Close